512 Options of A group of Nine Between Hands and Bass Drum

The options of any groupings from three to nine are comlete sets of exercises written as combinations of notes and rests in the book Drum Kit Steps Beyond . If that sounds strange or foreign, don't worry, it's because I haven't heard of this information being shared outside of here other than the 16 options of a group of four, which you are likely familiar with. These sets can be used to create almost any type of exercise from stickings to independence but, in this case, we are going to create coordination exercises between our hands and our bass drum. It's simple to create these by selecting one of the options and then playing a hand when it has a note and a bass drum when there are rests.

Here is number 10 from page 91.

Sub in bass drum and hands on snare and you get;

R L   L   R L   L   B R   B

 This will require you to create stickings, by choosing which hand you'll play when you see the notes. As you can see by the notation and the video (2min.30sec.) I interpret # 10 as Right, Left, Left twice then a bass drum, a Right and, another bass drum but you could make up any combination of hands you want. That's part of the fun! Move them around the drums in triplets or use other subdivisions. I like starting with triplets because the nine inside them creates an over the bar line, flowing, three over four feel. This can be hours of fun and will develop your vocabulary as well as your coordination.
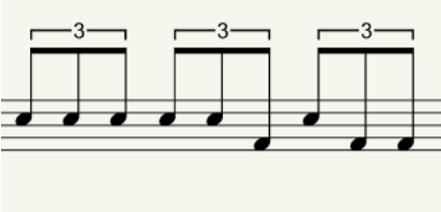
Following are the two other examples I demonstrated. Remember they are just three of the 512 options of nine so there's no limit to what you could come up with if you use other options. If you want to get your own copy of the options of three, four, five, seven, nine and more, check out my website by clicking here. Hope you enjoyed!
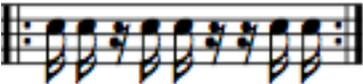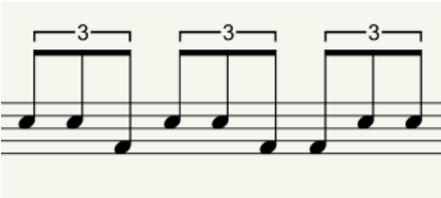
13

Becomes

R   L   L   R   L   B   R   B   B

56

Becomes

R   L   B   R   L   B   B   R   L